

February is Children's Dental Health Month!

Help kids learn about the importance of good oral health by participating in the first-ever **Healthy Smiles Art & Writing Contest!**

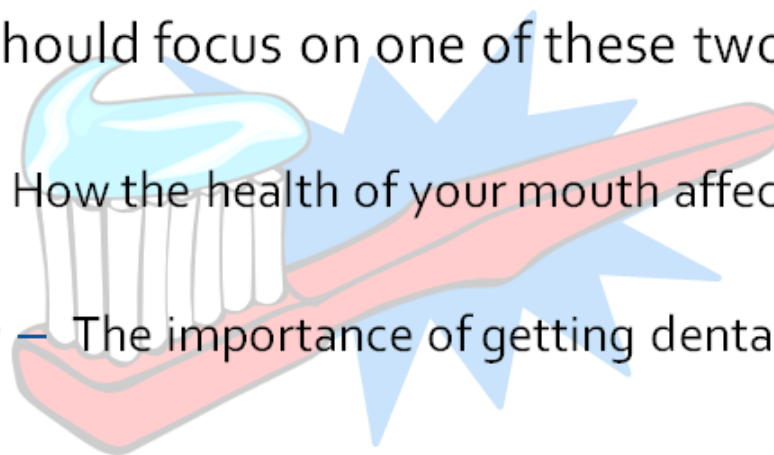
**Art contest open to kids in
Grades K-8th**

**Writing contest open to kids in
Grades 3rd-8th**

Entries should focus on one of these two themes:

More Than A Smile – How the health of your mouth affects the rest of your body.

Watch Your Mouth – The importance of getting dental check-ups each year.



Guidelines

Writing

- Poem, short story or essay
- Less than 500 words

Art

- Two-dimensional media
- Entries no larger than 8 ½ x 11 inches

Two winning entries will be selected from each category for grades K-2, 3-5, and 6-8. Winners will receive a prize and have their submissions posted on the Office of Oral Health & Dentistry website. All participants will receive a Certificate from the Office of Oral Health & Dentistry.

****Entries should be postmarked by Monday, February 13, 2012****

To enter a submission, please fill out the attached form and send it along with the entry to:



Office of Oral Health & Dentistry
301 Centennial Mall South
PO Box 95026
Lincoln, NE 68509

Or email to: dhhs.oralhealth@nebraska.gov



Questions?? Call us at 402-471-0166.